

DONELLE WAGNER

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OBJECTIVE

Dedicated, goal-oriented Health Science major and entrepreneur based in Canton, Missouri, with a strong background in competitive athletics. Proven ability to thrive in high-pressure environments, leveraging exceptional time management, leadership, and organizational skills to balance rigorous academics with team management. Committed to being able to help athletes reach their peak physical performance through teamwork, collaboration, and structured support through different therapy treatments.

SKILLS

Technical Skills: Communication, Time Management, Critical Thinking, Team Leadership, Motivation, Training in Stop the Bleed.

Soft Skills: Microsoft Word, PowerPoint, Google Docs, Google Slides.

EXPERIENCES

Lacrosse Coach 04/2021 – Present

- Developed and implemented a comprehensive training curriculum focused on fundamental and advanced goalie techniques.
- Instructed and mentored student-athletes in essential and intermediate goalie proficiencies, enhancing tactical understanding and performance.
- Cultivated relationships with coaches and recruiters to identify and secure competitive opportunities for athletes.
- Increased the save percentage of a student-athlete by 7% by the end of the season.
- Increased student-athletes' critical thinking on the field.

Sterile Technician, Wanlass Dental 12/2025 – Present (part-time)

Las Vegas, NV

- Cleaned rooms between patients in accordance with OSHA and HIPAA standards.
- Maintained strict aseptic techniques and sterilized surgical instruments according to OSHA and HIPAA standards.
- Helped manage patient flow and provided chairside support to ensure a professional and comfortable clinical experience.

Shadowing at Culver Stockton College 9/2026-11/2026

Canton, MO

- Observed for over 40 hours what was done and why it was done.
- Learned how to cup, scrape, and use the STIM machines.
- I learned how to clean the equipment.

- Washed, dried, and folded the laundry.

EDUCATION

Culver Stockton College, Canton, MO | Expected Graduation for Bachelor's in Health Science: 05/2027; Expected graduation for Master of Athletic Training: 5/2029

Credit Highlights: Math 127, ENG 102, Bio 189, HHP 203, PHSY 110, Kin 336, Spm 316, Bio 201, Bio 202.

Other educational highlights:

- NFHS certified for ACL Injury Prevention (certified in 2026).
- NFHS certified for The Collapsed Student (certified in 2026).
- NFHS certified for Concussion in Sports (certified in 2026).
- NFHS Certified for Adolescent Development: Centering Athlete Needs (certified in 2026).
- Athletic Training observation: 40 hours
- Worked with a classmate to build a personal fitness plan for a professor in 2025.

ACHIEVEMENTS & EXTRACURRICULARS

- Recruited to Culver Stockton College to play collegiate Lacrosse (years 2025-present).
- Volunteer work for those in need, such as yard work, handing out food to the homeless, dog sitting and walking, etc. (have been doing this growing up).
- Was invited into the honor society at Culver Stockton College in the first semester (year 2025).
- Awarded top student for Physics, Psychology, and English in the senior year of high school (year 2025).
- Got MVP of the year for defense in 11th grade (year 2024).
- Got 2nd team All-American in 9th grade (year 2021) for Lacrosse

REFERENCES

College Lacrosse Coach contact information: Caitlin

Erickson, Head Coach, Culver Stockton College Women's Lacrosse| Phone: 847-502-8327

Wanlass Dental contact information: Chanel

Maratita, Director of HR and Operations | Phone:
702-497-4325